



Congratulations and thank you for choosing ST. FRANCIS eastside for your upcoming delivery. Below is a helpful list of what you may want to bring with you when you come to the hospital. If you have any questions about an item, please call your OB Registration Representative at 864-675-4000.

For Mom

- Nightgowns (hospital gown is provided)
- Bras for comfort (cotton recommended)
- Socks, slippers and/or comfortable shoes
- Clothes to wear home (loose fitting)
- Underwear
- Toiletries and cosmetics
- Hairdryer and other styling tools

*If you're planning to breastfeed, these items are recommended.
All are available for sale in our Lactation Center.*

- Nursing gowns and/or bras
- Breast pads and nursing pads
- Breast pump and other lactation supplies

*You may also want to consider bringing these optional items,
to enhance your experience and feel more comfortable:*

- Relaxing music with CD player or iPod
- Extra pillows
- Books or magazines

For Baby

- Receiving blanket*
- Clothes to wear home
- Socks, booties and mittens*
- Baby scrapbook for footprints and first pictures*
- Car seat installed in car (required)

**If needed, these items are available for sale at the hospital.*

For Dad and Visitors

- Sleeping attire/change of clothes, if desired
- Toiletries
- Books or magazines
- Extra pillows
- Snacks or coins for vending machines
- Camera and extra film/memory card
- Video recorder and battery
- List of phone numbers to contact friends and family about mom and baby updates
- Door decorations for after delivery

