

Average Weight Gain by Age

Age	Per day in oz.	Per week in oz.	Per month in oz.	Per month in lb/oz.
2 wks – 3 mo.	1 oz/day	7 oz/wk	30 oz/mo	1 lb 14 oz/mo
3-6 months	$\frac{3}{4}$ oz/day	5 $\frac{1}{4}$ oz/wk	22 $\frac{1}{2}$ oz/mo	1 lb 6 $\frac{1}{2}$ oz/mo
6-9 months	$\frac{1}{2}$ oz/day	3 $\frac{1}{2}$ oz/wk	15 oz/mo	
9-12 months	$\frac{2}{5}$ oz/day	2 $\frac{3}{4}$ oz/wk	12 oz/mo	

Minimum Expected Weight Gain by Age

Age	Per week in oz	Per month is oz	Per month in lb/oz
Birth – 1month	4 $\frac{1}{2}$ oz/wk	19 oz/mo	1 lb 3 oz/mo
1-2 months	6 $\frac{1}{4}$ oz/wk	27 oz/mo	1 lb 11 oz/mo
2-3 months	4 $\frac{1}{2}$ oz/wk	19 oz/mo	1 lb 3 oz/mo
3-4 months	4 oz/wk	17 oz/mo	1 lb 1 oz/mo
4-5 months	3 $\frac{1}{2}$ oz/wk	15 oz/mo	
5-6 months	3 oz/wk	13 oz/mo	
6-12 months	2 $\frac{1}{4}$ oz/wk	9 $\frac{1}{2}$ oz/mo	

*Infants should regain their birth weight by 2 weeks of age. This graph represents the minimum amount of weight an infant should be gaining.