

Infant Feeding Requirements Birth – One Month

Required milk is number of ounces infant of that weight needs in 24 hours to sustain that weight.
(Based on 20 calories/oz)

| Pounds | Ounces | Req Milk | Pounds | Ounces | Req Milk | Pounds | Ounces | Req Milk |
|--------|--------|----------|--------|--------|----------|--------|--------|----------|
| 5 | 0 | 13.3 | 6 | 0 | 16.0 | 7 | 0 | 18.7 |
| 5 | 1 | 13.5 | 6 | 1 | 16.2 | 7 | 1 | 18.8 |
| 5 | 2 | 13.7 | 6 | 2 | 16.3 | 7 | 2 | 19.0 |
| 5 | 3 | 13.8 | 6 | 3 | 16.5 | 7 | 3 | 19.2 |
| 5 | 4 | 14.0 | 6 | 4 | 16.7 | 7 | 4 | 19.3 |
| 5 | 5 | 14.2 | 6 | 5 | 16.8 | 7 | 5 | 19.5 |
| 5 | 6 | 14.3 | 6 | 6 | 17.0 | 7 | 6 | 19.7 |
| 5 | 7 | 14.5 | 6 | 7 | 17.2 | 7 | 7 | 19.8 |
| 5 | 8 | 14.7 | 6 | 8 | 17.3 | 7 | 8 | 20.0 |
| 5 | 9 | 14.8 | 6 | 9 | 17.5 | 7 | 9 | 20.2 |
| 5 | 10 | 15.0 | 6 | 10 | 17.7 | 7 | 10 | 20.3 |
| 5 | 11 | 15.2 | 6 | 11 | 17.8 | 7 | 11 | 20.5 |
| 5 | 12 | 15.3 | 6 | 12 | 18.0 | 7 | 12 | 20.7 |
| 5 | 13 | 15.5 | 6 | 13 | 18.2 | 7 | 13 | 20.9 |
| 5 | 14 | 15.7 | 6 | 14 | 18.3 | 7 | 14 | 21.0 |
| 5 | 15 | 15.8 | 6 | 15 | 18.5 | 7 | 15 | 21.2 |
| | | | | | | | | |
| 8 | 0 | 21.4 | 9 | 0 | 24.0 | 10 | 0 | 26.7 |
| 8 | 1 | 21.5 | 9 | 1 | 24.2 | 10 | 1 | 26.9 |
| 8 | 2 | 21.7 | 9 | 2 | 24.4 | 10 | 2 | 27.0 |
| 8 | 3 | 21.9 | 9 | 3 | 24.5 | 10 | 3 | 27.2 |
| 8 | 4 | 22.0 | 9 | 4 | 24.7 | 10 | 4 | 27.4 |
| 8 | 5 | 22.2 | 9 | 5 | 24.9 | 10 | 5 | 27.5 |
| 8 | 6 | 22.4 | 9 | 6 | 25.0 | 10 | 6 | 27.7 |
| 8 | 7 | 22.5 | 9 | 7 | 25.2 | 10 | 7 | 27.9 |
| 8 | 8 | 22.7 | 9 | 8 | 25.4 | 10 | 8 | 28.0 |
| 8 | 9 | 22.9 | 9 | 9 | 25.5 | 10 | 9 | 28.2 |
| 8 | 10 | 23.0 | 9 | 10 | 25.7 | 10 | 10 | 28.4 |
| 8 | 11 | 23.2 | 9 | 11 | 25.9 | 10 | 11 | 28.5 |
| 8 | 12 | 23.4 | 9 | 12 | 26.0 | 10 | 12 | 28.7 |
| 8 | 13 | 23.5 | 9 | 13 | 26.2 | 10 | 13 | 28.9 |
| 8 | 14 | 23.7 | 9 | 14 | 26.4 | 10 | 14 | 29.0 |
| 8 | 15 | 23.9 | 9 | 15 | 26.5 | 10 | 15 | 29.2 |

| | | | | | | | | |
|----|----|------|----|----|------|----|----|------|
| 11 | 0 | 29.4 | 12 | 0 | 32.0 | 13 | 0 | 34.7 |
| 11 | 1 | 29.5 | 12 | 1 | 32.2 | 13 | 1 | 34.9 |
| 11 | 2 | 29.7 | 12 | 2 | 32.4 | 13 | 2 | 35.0 |
| 11 | 3 | 29.9 | 12 | 3 | 32.5 | 13 | 3 | 35.2 |
| 11 | 4 | 30.0 | 12 | 4 | 32.7 | 13 | 4 | 35.4 |
| 11 | 5 | 30.2 | 12 | 5 | 32.9 | 13 | 5 | 35.5 |
| 11 | 6 | 30.4 | 12 | 6 | 33.0 | 13 | 6 | 35.7 |
| 11 | 7 | 30.5 | 12 | 7 | 33.2 | 13 | 7 | 35.9 |
| 11 | 8 | 30.7 | 12 | 8 | 33.4 | 13 | 8 | 36.0 |
| 11 | 9 | 30.9 | 12 | 9 | 33.5 | 13 | 9 | 36.2 |
| 11 | 10 | 31.0 | 12 | 10 | 33.7 | 13 | 10 | 36.4 |
| 11 | 11 | 31.2 | 12 | 11 | 33.9 | 13 | 11 | 36.5 |
| 11 | 12 | 31.4 | 12 | 12 | 34.0 | 13 | 12 | 36.7 |
| 11 | 13 | 31.5 | 12 | 13 | 34.2 | 13 | 13 | 36.9 |
| 11 | 14 | 31.7 | 12 | 14 | 34.4 | 13 | 14 | 37.0 |
| 11 | 15 | 31.9 | 12 | 15 | 34.5 | 13 | 15 | 37.2 |