



# Newborn Breastfeeding Checklist

	Breastfeeding Minutes		Supplement		Diapers Check One	
	Right	Left	Type	Amount	Wet	Stool
7:00am						
8:00						
9:00						
10:00						
11:00						
<b>Noon</b>						
1:00pm						
2:00						
3:00						
4:00						
5:00						
6:00						
7:00						
8:00						
9:00						
10:00						
11:00						
<b>Midnight</b>						
1:00am						
2:00						
3:00						
4:00						
5:00						
6:00am						
	Right	Left	Type	Amount	Wet	Stool
7:00am						
8:00						
9:00						
10:00						
11:00						
<b>Noon</b>						
1:00pm						
2:00						
3:00						
4:00						
5:00						
6:00						
7:00						
8:00						
9:00						
10:00						
11:00						
<b>Midnight</b>						
1:00am						
2:00						
3:00						
4:00						
5:00						
6:00am						

**Baby needs to have 8-10 feedings in 24 hrs**

# of Diapers per Day		
Age	Wet	Dirty
1 day	1-2	1-2
2 days	2-3	2-3
3 days	3-4	3-4
4 days	4-5	3-4
5 days	5-6	4+
6 days	6+	4+
After 6 days	6+	4+